



catchin' it early!
5K RUN/WALK 2018



GERMANFEST 5K RUN/WALK

Saturday, September 22, 2018

Start Time: 8:30am

Location: Guttenberg Municipal Hospital
200 Main St, Guttenberg, IA

Registration/Packet Pickup: 7:45am - 8:15am

Fee: \$25 (includes free t-shirt)

2018 GMHC GERMANFEST 5K RUN/WALK REGISTRATION FORM

Join us for a 5K Run/Walk along the mighty Mississippi in the quaint, historic town of Guttenberg as we celebrate our rich German heritage with Germanfest. Germanfest offers family fun activities including world-renowned polka bands, champion yodelers, open air arts and crafts market, biergarten, kraut cook-off, hog roast, homemade beer tasting, lots of live music, food vendors, games and activities for children, chalk drawing, and the increasingly popular Wiener Dog Dash.

Proceeds from this year's 5K, sponsored by Guttenberg Municipal Hospital & Clinics, will help fund the purchase of a 3D Mammography machine for the Imaging Department. Grab your friends and family and start off Germanfest with a beautiful stroll along the mighty Mississippi to help us in our goal of *"catchin' it early"*.

First Name: _____

Last Name: _____

Mailing Address: _____

City/State/Zip: _____

Phone: _____

Age: _____ Gender: M / F

Walker Runner Adult Shirt Size: S M L XL 2XL Youth Shirt Sizes: YS YM YL YXL

Waiver Must Be Signed:

I understand there are inherent risks in participating in any road race. In consideration of the acceptance of my entry: I, for myself, my executors, administrators, and assignees, do hereby release and discharge the Guttenberg Municipal Hospital & Clinics, the City of Guttenberg, any sponsors, supporters or volunteers, for all claims and damages, demands, actions, whatsoever in any manner arising or growing out of my participation in the GMHC Germanfest 5k Run/Walk. I attest and verify that I have full knowledge of the risks involved in this event, am physically fit, and sufficiently trained to participate in this event.

Signature: _____

Date: _____



Register Online at:
getmeregistered.com/Germanfest5K
(\$2.75 service charge will apply)