

Cornerstone Behavioral Health Schedule

Guttenberg - 563-252-2141

200 Main St

DECEMBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
2 Heaney-Gárate 8a - 2p Makovec 11:15a - 3p	3 Jenaman 8a - 2:30p Brimeyer 12p - 6p zoom	4 Heaney-Gárate 8a - 2p Jenaman 8a - 2:30p Brimeyer 8a - 7p	5 Makovec 9a - 3p Brimeyer 12p - 6p zoom	6 Jenaman 8a - 12:30p Heaney-Gárate 8a - 2p Brimeyer 8p - 5p	7	
9 Heaney-Gárate 8a - 2p Makovec 11:15a - 3p	10 Jenaman 8a - 2:30p Brimeyer 12p - 6p zoom	11 Heaney-Gárate 8a - 2p Jenaman 8a - 2:30p Brimeyer 8a - 7p	12 Makovec 9a - 3p Brimeyer 12p - 6p zoom	13 Jenaman 8a - 12:30p Heaney-Gárate 8a - 2p Brimeyer 8a - 5p		14
16 Heaney-Gárate 8a - 2p Makovec 11:15a - 3p	17 Jenaman 8a - 2:30p Brimeyer 12p - 6p zoom	18 Heaney-Gárate 8a - 2p Jenaman 8a - 2:30p Brimeyer 8a - 7p	19 Makovec 9a - 3p Brimeyer 12p - 6p zoom	20 Heaney-Gárate 8a - 2p Brimeyer 8a - 5p		
23 Heaney-Gárate 8a - 2p Makovec 11:15a - 3p	24	25 <i>Merry Christmas!</i> Clinics Closed	26 Makovec 9a - 3p	27 Heaney-Gárate 8a - 2p Brimeyer 8a - 5p	28	
30 Heaney-Gárate 8a - 2p Makovec 11:15a - 3p	31 Brimeyer 12p - 6p zoom	<div data-bbox="766 1364 1029 1502" data-label="Text"> <h1>988</h1> </div> <div data-bbox="1113 1347 1753 1518" data-label="List-Group"> <ul style="list-style-type: none"> ✓ Call 988 if you are dealing with a mental health crisis. ✓ Call 988 for the National Suicide Prevention Lifeline. ✓ Call 988 for accessible care and support. ✓ Call 988 available 24 hours a day / 7 days a week. </div>				